

# MERCHANT TAYLORS' PREP SCHOOL LUNCH MENU



MONDAY 30<sup>TH</sup> SEPTEMBER - FRIDAY 4<sup>TH</sup> OCTOBER 2024

MONDAY	LAMB BOLOGNESE	LENTIL BOLOGNESE (V&VE)	CARROTS & PASTA	SALAD BAR JACKET POTATO FILLED ROLLS	FRESH FRUIT YOGHURTS JELLY & CREAM	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
TUESDAY	BBQ CHICKEN & PLAIN CHICKEN	BBQ QUORN FILLET (VE&V)	RICE & SWEETCORN	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS BANANA CAKE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
WEDNESDAY	SHEPHERD'S PIE & LAMB MINCE	VEGGIE PIE (V&VE)	GRAVY & BROCCOLI & MASH POTATO	SALAD BAR JACKET POTATO FILLED ROLLS	FRESH FRUIT YOGHURTS LEMON DRIZZLE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
THURSDAY	CHICKEN FAJITA	VEGGIE FAJITAS	BAKED WEDGES & SWEETCORN	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS CHOCOLATE CRISPY CAKE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
FRIDAY	BAKED COD FISH FINGERS BATTERED COD	CAULIFLOWER CHEESE & VEGAN CAULIFLOWER CHEESE	CHIPS BEANS PEAS	SALAD BAR JACKET POTATO FILLED ROLLS	FRESH FRUIT YOGHURTS CHOCOLATE ICE CREAM & WAFFER	CHEESE BREAD & BUTTER HOMEMADE BISCUITS

**SALAD BAR** - EACH DAY AT LEAST 10 DIFFERENT FOODS ARE AVAILABLE I.E. CUCUMBER, TOMATO, LETTUCE, BEETROOT, COLESLAW, CELERY, PEPPERS, CARROT, RADISHES, CRESS, CHEDDAR CHEESE, TUNA, HARD BOILED EGGS, POTATO SALAD, PASTA SALAD, COLD MEATS, VEGGIE QUICHE, COTTAGE CHEESE, CORONATION QUICHE, CORONATION CHICKEN

**FRESH FRUIT** - EACH DAY AT LEAST 5 DIFFERENT FRESH FRUITS ARE AVAILABLE E.G. ORANGES, APPLES, BANANAS, GRAPES, WATERMELON, HONEYDEW MELON, STRAWBERRIES, PEARS, PINEAPPLE, PEACHES, NECTARINES, PLUMS