

# MERCHANT TAYLORS' PREP SCHOOL LUNCH MENU



MONDAY 4<sup>TH</sup> NOVEMBER - FRIDAY 8<sup>TH</sup> NOVEMBER 2024

MONDAY	PIZZA & VEGAN PIZZA (VE)	TOMATO SAUCE & PASTA	MUSHROOMS & PINEAPPLE	SALAD BAR JACKET POTATO SOUP OF THE DAY	FRESH FRUIT YOGHURTS CHOC ICE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
TUESDAY	CHICKEN CURRY	SWEET POTATO & SPINACH CURRY (VE&V)	RICE & MINI NAAN & CAULIFLOWER	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS JELLY & CREAM	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
WEDNESDAY	LAMB HOTPOT	VEGGIE HOTPOT (VE&V)	BROCCOLI & GRAVY	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS APPLE CRUMBLE & CUSTARD	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
THURSDAY	LAMB CHILLI	MIXED BEAN CHILLI (VE&V)	RICE & TORTILLA CHIPS & SWEETCORN	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS RAINBOW ICED SPONGE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
FRIDAY	BAKED COD FISH FINGERS BATTERED COD	VEGGIE NUGGETS (VE&V)	CHIPS BEANS PEAS	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS TRIFLE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS

**SALAD BAR** - EACH DAY AT LEAST 10 DIFFERENT FOODS ARE AVAILABLE I.E. CUCUMBER, TOMATO, LETTUCE, BEETROOT, COLESLAW, CELERY, PEPPERS, CARROT, RADISHES, CRESS, CHEDDAR CHEESE, TUNA, HARD BOILED EGGS, POTATO SALAD, PASTA SALAD, COLD MEATS, VEGGIE QUICHE, COTTAGE CHEESE, CORONATION QUICHE, CORONATION CHICKEN

**FRESH FRUIT** - EACH DAY AT LEAST 5 DIFFERENT FRESH FRUITS ARE AVAILABLE E.G. ORANGES, APPLES, BANANAS, GRAPES, WATERMELON, HONEYDEW MELON, STRAWBERRIES, PEARS, PINEAPPLE, PEACHES, NECTARINES, PLUMS